

Wendy Ariyan

CURRICULUM VITAE

Education:

Stanford University School of Medicine/Foothill College, Palo Alto, CA
Physician Assistant Certificate, 2006

College of Saint Elizabeth, Morristown, NJ
MS Nutrition, 2001

University of Rhode Island, Kingston, RI
BS Dietetics, 1991

Experience:

CLINICAL

Physician Assistant-Certified

The Cardiovascular Care Group

August 2007 - Present

- Perform new patient consults, post-operative and routine follow-up history and physical examinations
- Attend daily rounds/write daily progress notes focusing on patient status & treatment plan
- Provide preoperative and post-operative care; evaluate, assess and treat acute surgical/medical problems of thoracic patients with physician direction
- Assist in the operating room and with bedside procedures
- Perform bedside wound care procedures
- Educate patients and family on pre and post-operative care
- Ensure prompt and timely completion of medical forms
- Skilled in the use of computerized patient charting system

North Jersey Thoracic Surgical Associates, Morristown, NJ

2006 - 2007

- Perform duties as noted above for a private thoracic surgical practice.

Physician Assistant Student Intern

2004 – 2006

Stanford Hospitals and Clinics, Palo Alto, CA

- ☞ Trained/rotations completed in pediatrics, obstetrics & gynecology, adult & pediatric intensive care, orthopedics, urgent care, emergency medicine, and liver transplant patients
- ☞ Trained in basic suturing techniques and minor office procedures
- ☞ Experienced in communicating with individuals from diverse cultures with limited English proficiency

Dietitian

St. Barnabas Health Care System, Newark, NJ

1999 – 2004

- ☞ Five years experience as nutrition support dietitian within private and public city hospitals throughout New Jersey
- ☞ Implemented/ managed care plan goals using Medical Nutrition Therapy guidelines
- ☞ Developed protocol for initiation and administration of nutrition support for ICU patients
- ☞ Created and implemented education materials for bariatric surgical patients
- ☞ Trained supervised and evaluated dietetic interns

MANAGEMENT

Account Professional/Program Manager

1991 – 1998

Johnson & Johnson Health Care System Inc, Piscataway NJ

- Supervised, evaluated and trained fitness center staff
- Developed health management programs and fitness center operations

TEACHING

Clinical Preceptor 2005 – 2006

Pacific Free Clinic, San Jose, CA

- Trained physician assistant students in phlebotomy

Clinical Assistant Professor 2004 – 2005

University of Medicine & Dentistry – School of Health Related Professions, Cranford, NJ

- Trained, supervised and evaluated dietetic interns in various inpatient settings
- Student Academic Review Committee Member

Certifications & Licensure:

Physician Assistant-Certified, # 1071185

NJ State License # 25MP00171900

Registered Dietitian, # 085885

Advanced Cardiac Life Support

Basic Life Support

Standard First Aid/AED

Publications:

Ariyan, W. *Review of Nutrition Management of Liver Disease*. Support Line. 2004;26:3-9

Presentations:

Medical Nutrition Therapy Management Guidelines for Transplant Patients, November 2005

Stanford Medical Center Liver Transplant Team Rounds, Stanford CA

Nutrition Management of Patients with Stevens-Johnson Syndrome – A Case Study, June 2002

New Jersey Society for Parenteral & Enteral Nutrition Clinical Case Conference, Ocean NJ

Nutrition Concerns with Radiation and Chemotherapy Treatment, January - June 2002

Flo-Okim Radiation/Oncology Clinic, Newark NJ

Attaining & Maintaining a Healthy Weight, May 2001

Unpublished master's thesis, College of St. Elizabeth, Convent Station, NJ

Practice Trends and Attitudes Regarding the Use of Herbal Therapies Among Dietetic Professionals in the Oncology Practice Group, June 1999

Poster Presentation, NJDA Annual Meeting, Woodbridge NJ

Select Training:

Opiate Prescribing, August 2006

Atlantic Health System – Overlook Hospital, Summit, NJ

Video Assisted Thoracic Surgery for the Treatment of Lung Cancer, June 2006

Atlantic Health System – Morristown Memorial Hospital, Morristown, NJ

Nutrition, 2001 - 2004

Pediatric Nutrition Competency Series

Innovations in Medical and Nutritional Management

Update on HIV and Renal Disease in Pediatrics Clinical Case Conference

Nutrition in Critical Care Clinical Case Conference

Enhancing Clinical Education and Mentoring Skills Interactive Workshop

Managing Gastrointestinal Complications in Tube-fed Patients

New Guidelines on Prevention and Management of High Cholesterol Levels in Adults
Critical Care Nutrition

Dietetic Internship Certificate, May 1999

College of St. Elizabeth, Morristown, NJ

Research:

College of Saint Elizabeth, Convent Station NJ

Co-Investigator: "Practice Trends and Attitudes Regarding the Use of Herbal Therapies Among Dietetic Professionals in the Oncology Practice Group", September 1998 – May 1999

Awards and Honors:

Recognition Award, Pacific Free Clinic, San Jose CA, 2006

Core Value Award, "Quality", St. Barnabas Health Care System, Newark NJ, 2004

Recognition Award, "At Your Best Winner", St. Barnabas Health Care System, Newark NJ, 2002

Certificate of Appreciation, University of Medicine & Dentistry – School of Health Related Professions, Newark NJ, 2000 – 2003

Employee Recognition Award, Johnson & Johnson Health Care System Inc, Piscataway NJ, 1997

Memberships/Offices/Committees:

American Academy of Physician Assistants

Member 2006 – Present

Dietetic Internship Committee on Academic Standing

University of Medicine & Dentistry – School of Health Related Professions

Committee Member, 2003 – 2004

American Society for Parenteral & Enteral Nutrition

Member, 2001 – 2004

State Program Coordinator, 2003 – 2004

New Jersey Dietetic Association

Board Member, 1998 – 2004

Bylaws Chair, 2003 – 2004

Speakers' Bureau Chair, 1999 – 2004

Secretary, 2001 – 2003

Annual Meeting Committee, 2003, 2004

Committee Member, Awards Committee, 2002

Committee Member, Food & Fitness Run/Walk, 2001, 2002

Student Rep, 1998 – 1999

Student Coordinator, National Nutrition Month, 1998

Community Service:

Volunteer

Pacific Free Clinic, Cardinal Free Clinics, San Jose, CA, 2004 – 2006

Provide outpatient care, health screenings, medication and health education to medically underserved immigrants from diverse cultural backgrounds

Advisor

Armenian Christian Youth Organization of American, 2003 – 2004

St. Mary Armenian Church, Livingston NJ

Advise youth members during religious, cultural and social events